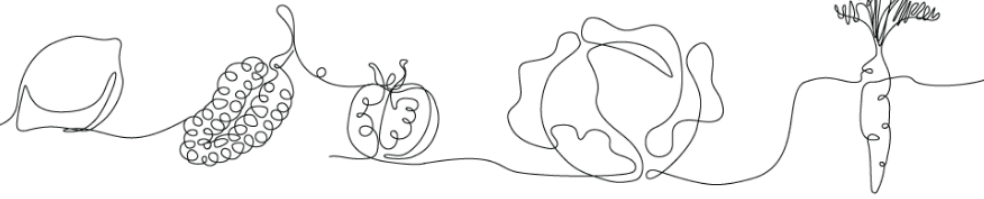


# HEIDEKITCHEN



## AVOCADO TOAST

Avocado, ashed goat cheese, pickled carrots, Heide garden herbs, radish, seeds, ciabatta. DFO | V | VGO  
+ add a poached egg | 4

## ROSTI BENEDICT

Potato rosti, garden greens, poached eggs, mustard hollandaise. GF | V  
+ add prosciutto | 8

## NDUJA SCRAMBLED EGGS

Spicy scrambled eggs, nduja, Heide garden herbs, toasted sourdough. DFO | GFO  
+ add bacon | 7

## FRENCH TOAST

Brioche cinnamon french toast, whipped cream, Heide rhubarb jam, summer berries. V

## TOAST

Toasted sourdough, gluten free or toasted potato focaccia served with butter, house jam, vegemite, honey, peanut butter or olive oil. DFO | GFO | V

## EGGS YOUR WAY

Poached, folded or fried eggs, toasted ciabatta, butter. DFO | GFO | V

## SIDES

Extra toast or Gluten-free toast | Poached egg | Fried egg 4

Sauteed garden greens | Garden Salad 5

Folded eggs | Avocado | Miso glazed mushrooms 6

Bacon | Hot smoked trout | Chicken 7

Prosciutto | Grilled pork & fennel sausage 8

Bowl of fries 10

## 23 BROWN RICE BOWL

Brown rice, avocado, miso mushrooms, sautéed greens, pickled pumpkin, poached egg. DF | GF | V | VGO  
+ add hot smoked trout | 7

## 24 BROCCOLI SALAD

Fried halloumi, broccoli, cos, smoked almonds, radishes, mint. GFO | VGO  
+ add chicken | 7

## 23 PANZANELLA SALAD

Tomatoes, pickled red onions, cucumber, croutons, bocconcini, basil. V | GFO  
+ add hot smoked trout | 8

## 22 CHICKEN COTOLETTA CAESAR

House crumbed chicken schnitzel topped with caesar salad. GFO

## 10 TROUT NICOISE SALAD

Chilli pickled beans, olives, cherry tomatoes, cucumber, baby potatoes, boiled egg, hot smoked trout. GF

## 16 BEEF BURGER

Milk bun, cheese, lettuce, pickles, fries, tomato sauce. GFO  
+ add bacon | 5

## CHICKEN ROLL\*

Grilled chicken, pickled red onions, olive tapenade mayo, rocket. GFO

## MORTADELLA ROLL\*

Mortadella, tomato, provolone, mayo, rocket. GFO

## 6 EGGPLANT ROLL\*

Eggplant, marinated artichokes, capers, pickled onions, mayo, rocket. GFO | V | VGO  
+ add prosciutto | 8

10

\*Rolls are served fresh however can be toasted upon request.

## 23 RAVIOLI

Heide flower ravioli filled with ricotta + spinach, summer veg + brown butter sage sauce. V

## GNOCCHI

23 Chickpea + potato gnocchi, tomato sugo, Heide herb verde, parmesan. GFO | VGO

## MARKET FISH

Locally sourced fish, chickpea + eggplant caponata. GF | DF

## 23 CAPRESE

Fresh mozzarella, tomato, basil, rocket. V  
+ add prosciutto | 8

## 27 PROSCIUTTO ANTIPASTI

Prosciutto, San Rocco cheese, house pickles, potato focaccia.

## MEATBALLS IN SUGO

28 Pork + fennel meatballs in sugo, fresh Heide garden herbs, potato focaccia.

## CUTTLEFISH

27 Cuttlefish salad with lemon, capers, olive oil, fresh Heide herb salad, potato focaccia.

19 [GF/GFO - gluten-friendly option available]  
[DF/DFO - dairy-friendly options available]  
[V /VO- vegetarian option available]  
[VG/VGO - vegan option available]

19

Please note that a 10% surcharge applies on Saturday + Sunday as well as a 15% surcharge on public holidays.

19

A 1.3% surcharge applies for all credit card transactions. Amex transactions incur a 1.7% surcharge.

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